



MEMORANDUM

To: South Calgary Ringette Association
From: Ringette Calgary Association
CC: Keith Driver, President, Ringette Calgary Association

Please be advised that on June 12, 2024, the Ringette Calgary Board of Directors voted to approve a mandatory shoulder pad policy that will be effective immediately. This position is aligned with the science on injury prevention and mitigation and aligned with our goal of keeping our athletes safe. This step was taken at the request and with the full support of our member associations.

As of the 2024-2025 season, shoulder protection will be required for all AS-U19 players, as per Policy 13.8.1. of the Ringette Calgary Rules & Regulations. A link to the policy, which includes all equipment guidelines, a drug/alcohol policy and a return to sport policy, are available here: [Ringette Calgary: 13. Equipment Policy](#)